

## WELCOME FROM YOUR SCHOOL NURSE

Welcome to the next adventure in your child's life ----School! Trusting someone to care for your child while they are away from you can be a scary situation. We are hoping to relieve some of your concerns and anxiety by sharing some basic school health guidelines and introducing your school nurses. We both feel truly honored to have your child during the day and will treat them with the same consideration as we would our own.

The two nurses who serve Pershing Elementary and Middle School are Nurse Farrow and Nurse Amy. They work part time, so there will always be one of them here at all times. Nurse Farrow, an RN since 2005, has a background in critical care and natural labor and delivery. This is her third year as a school nurse with SPS. Nurse Amy has been a nurse for 19 years. She has been a nurse for SPS for eight years, the last five at Pershing. She comes to SPS from the critical care background of the NICU.

Some main points to consider when preparing your child for kindergarten (from the nurses' standpoint) include:

1. **Immunizations:** All proof of shots need to be **ON FILE** no later than **August 1, 2018**, to avoid exclusion from classroom placement.
2. **Medications:** If your child requires medication to be given during the school day, please make an appointment to discuss this with the school nurse.
3. **Attendance:** Pershing is among the top schools in the district in attendance and academics. We realize illnesses do occur and parents must decide whether to keep their child home or to send them to school. The wellness guidelines are listed in this packet. If in doubt, call us and we will be glad to help with the decision.
4. **Clothing:** Be sure your child knows how to undress for using the restroom. Have your child practice belts, buckles and other parts before sending them to school.
5. **Toileting:** If your child is prone to wetting or soiling accidents, please send an **extra pair of clothing** in the backpack.

We have also placed in the packet a Student Health Inventory that gives us vital information in managing your child's health. If your child's health in any way changes during the year, please let us know. This also provides us with the information on how to reach you if your child becomes ill or injured.

We look forward to getting to know you and your child during the 2018-19 school year!

Farrow Carson RN BSN  
Amy Langevin RN BSN

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